



### 5.3.3 The institution conducts/ organizes following Sports Competitions/Events

- Report with photographs on Sports Competitions/Events

| Year                   | Name of Event   | Page Number           |
|------------------------|---|-----------------------|
| 2018-19                | Inter-Department Football                               | <a href="#">1-2</a>   |
|                        | National Sports Day: 5 <sup>th</sup> Cross Country Race | <a href="#">3</a>     |
|                        | Inter-Department Kho-Kho (M & W)                        | <a href="#">4-5</a>   |
|                        | Inter-Department Kabaddi (M&W)                          | <a href="#">6-7</a>   |
|                        | Inter-Department Basketball (M&W)                       | <a href="#">8-9</a>   |
|                        | Inter-Department Volleyball (M&W)                       | <a href="#">10-11</a> |
|                        | Inter-Department Handball (M&W)                         | <a href="#">12-13</a> |
|                        | Inter-Department Badminton and Cricket (M&W)            | <a href="#">14-15</a> |
|                        | Inter-Department Table-Tennis (M&W)                     | <a href="#">16-17</a> |
|                        | Inter-Department Chess (M&W)                            | <a href="#">18-19</a> |
|                        | 6 <sup>th</sup> Annual Sports Meet 2018-19              | <a href="#">20-24</a> |
| International Yoga Day | <a href="#">25</a>                                      |                       |



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Jalandhar - Pathankot, National Highway (NH 44), JALANDHAR- 144 012, Punjab

**Name of Tournament:** Inter department

**Game:** Football

**Dated:** 28-31 Aug 2018

**No. of Participants:** 70

Department of Physical Education and Sports, DAV University, Jalandhar organized interdepartmental football matches from 28<sup>th</sup> August to 31<sup>st</sup> August, 2018. Approximately 70 students from different faculties namely, Commerce and Business Management, Physical Education and Humanity, Agricultural Sciences, Engineering and Humanity participated in the event.

The results of inter-department matches are as follows:

| Sr. No. | Game     | Winner Team        | Runner up Team |
|---------|----------|--------------------|----------------|
| 1.      | Football | Physical Education | CBM            |



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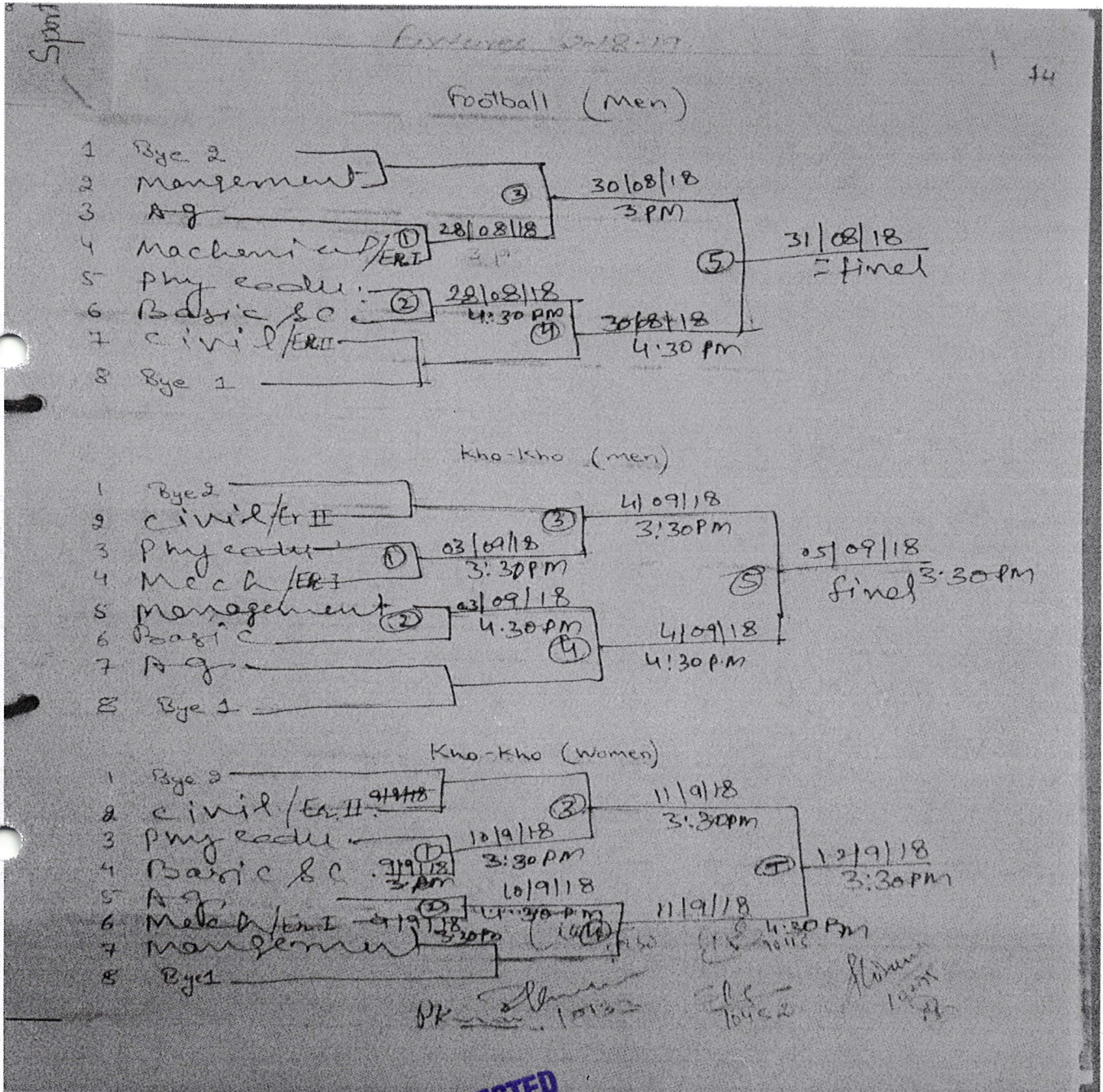




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**Name of Tournament: National Sports Day on 29<sup>th</sup> August 2018**

**Game: 5<sup>th</sup> Cross Country Race with the theme of "Fitness Cum Anti-Drug Drive".**

**Dated: 29<sup>th</sup> August 2018**

**No. of Participants: 150.**

On the auspicious occasion of **National Sports day i.e on 29<sup>th</sup> August 2018**, DAV University organized 5<sup>th</sup> Cross Country Race with the theme of "**Fitness Cum Anti-Drug Drive**".

Approximately 150 students from different departments participated in the event with Zeal and Zest. The occasion was graced by the presence of Worthy Vice Chancellor, Prof. (Dr.) R.K. Mahajan and Registrar Mam, Dr. Sushma Arya. Worthy Vice Chancellor, Prof. (Dr.) R.K. Mahajan stressed on the importance of sports activities in individual's life. It has truly spread the message of the relevance of sports. The event was started with flag off by Worthy Vice-Chancellor Sir and Registrar Mam along with faculty of Department of Physical Education and Agriculture. The distance of Marathon was 10 km for Men and 5 Km for women.



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**ame of Tournament:** Inter department

**Game:** Kho-Kho (M&W)

**Dated:** 3<sup>rd</sup> -12<sup>th</sup> Sept., 2018

**No. of Participants:** 46

**Supporting Docs. :** Tournament Fixture (also available on Uni. Portal)

**Event Report:**

Department of Physical Education and Sports, DAV University, Jalandhar organized interdepartmental kho- kho matches from 3<sup>rd</sup> September to 12<sup>th</sup> September, 2018. The students from different departments namely, Commerce and Business Management, Physical Education and Humanity, Agricultural Sciences, Engineering and Humanity participated in the event.

The results of the inter-departmental matches are as below:

| Sr. No. | Game     | Winner Team        | Runner up Team        |
|---------|----------|--------------------|-----------------------|
| 1.      | Kho- kho | Physical Education | Agricultural Sciences |



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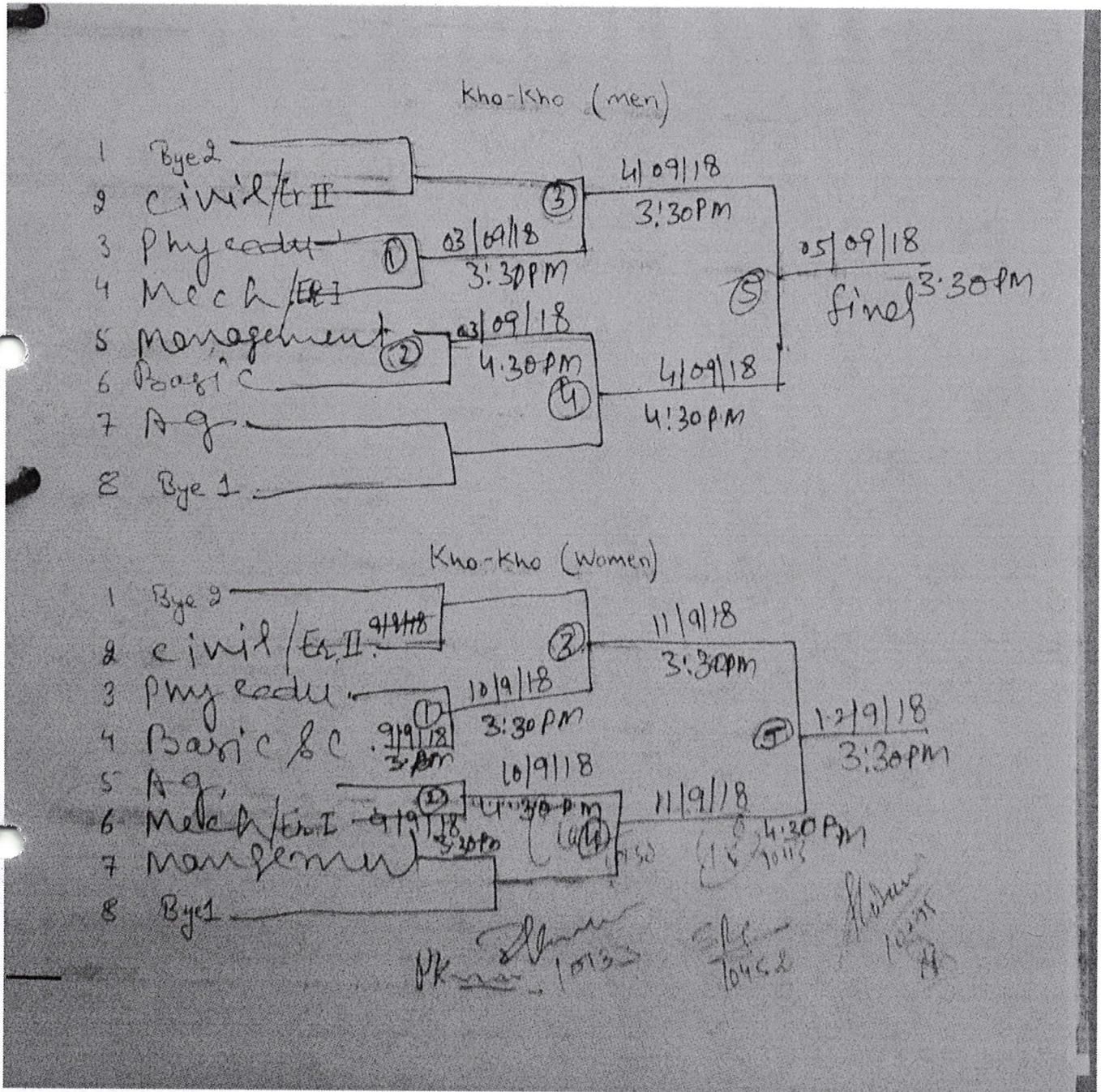




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**Name of Tournament:** Inter department

**Game:** Kabaddi (M&W)

**Dated:** 25<sup>th</sup> -31<sup>st</sup> Oct 2018

**No. of Participants:** 37

Department of Physical Education and Sports, DAV University, Jalandhar organized interdepartmental kabaddi matches from 25<sup>th</sup> -31<sup>st</sup> Oct 2018. About 37 students from different departments namely, Commerce and Business Management, Physical Education and Humanity, Agricultural Sciences, Engineering and Humanity participated in the event.

The results of the inter-departmental matches are as below:

| Sr. No. | Game    | Winner Team        | Runner up Team        |
|---------|---------|--------------------|-----------------------|
| 1.      | Kabaddi | Physical Education | Agricultural Sciences |



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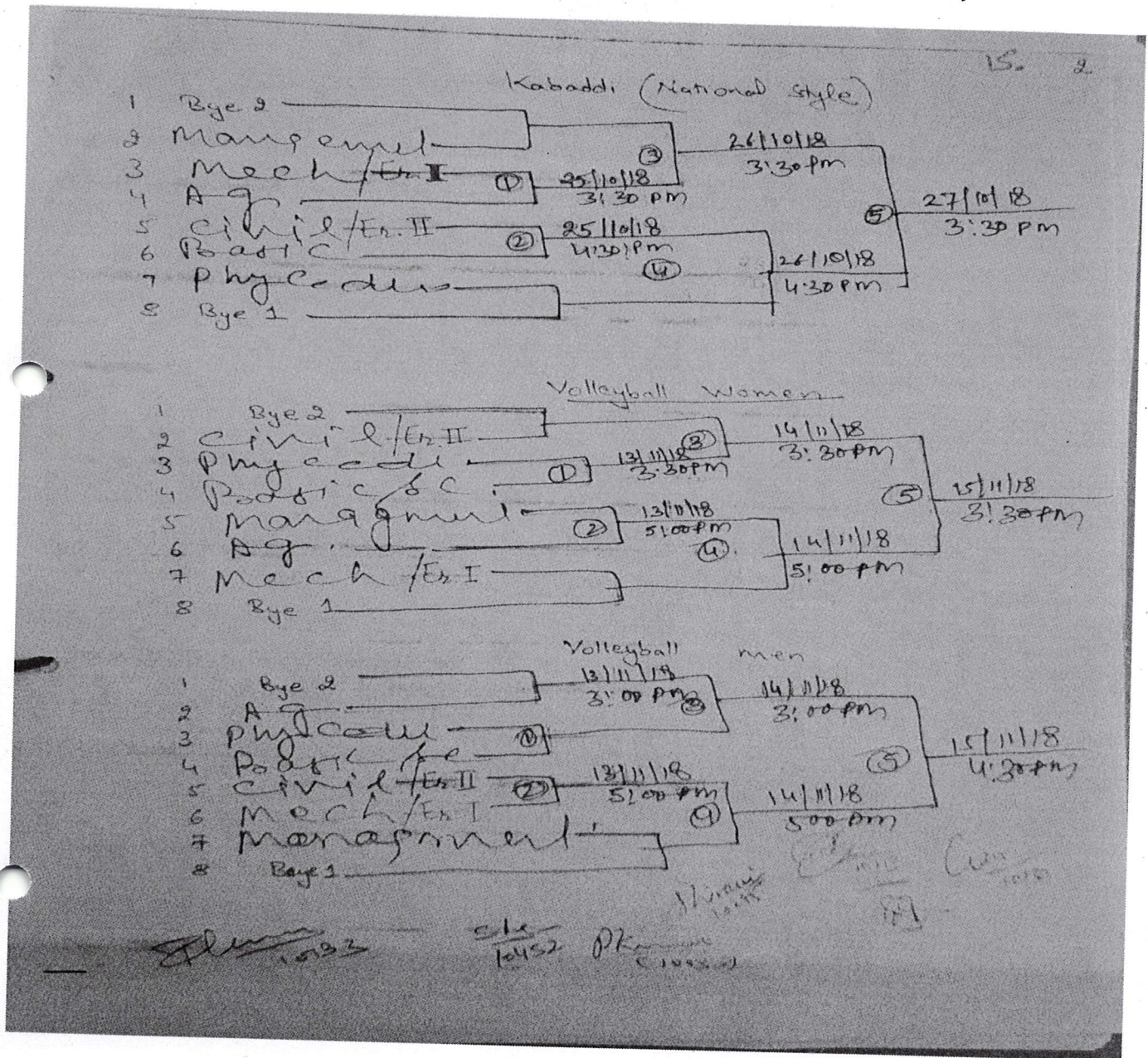




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**Name of Tournament:** Inter Department

**Game:** Basketball (M&W)

**Dated:** 5<sup>th</sup> -10<sup>th</sup> Nov 2018

**No. of Participants:** 64

Department of Physical Education and Sports, DAV University, Jalandhar organized interdepartmental Basketball matches from 5<sup>th</sup> -10th Nov 2018. About 64 students from different departments namely, Commerce and Business Management, Physical Education and Humanity, Agricultural Sciences, Engineering and Humanity participated in the event.

The results of the inter-departmental matches are as below:

| Sr. No. | Game       | Winner Team        | Runner up Team        |
|---------|------------|--------------------|-----------------------|
| 1.      | Basketball | Physical Education | Agricultural Sciences |



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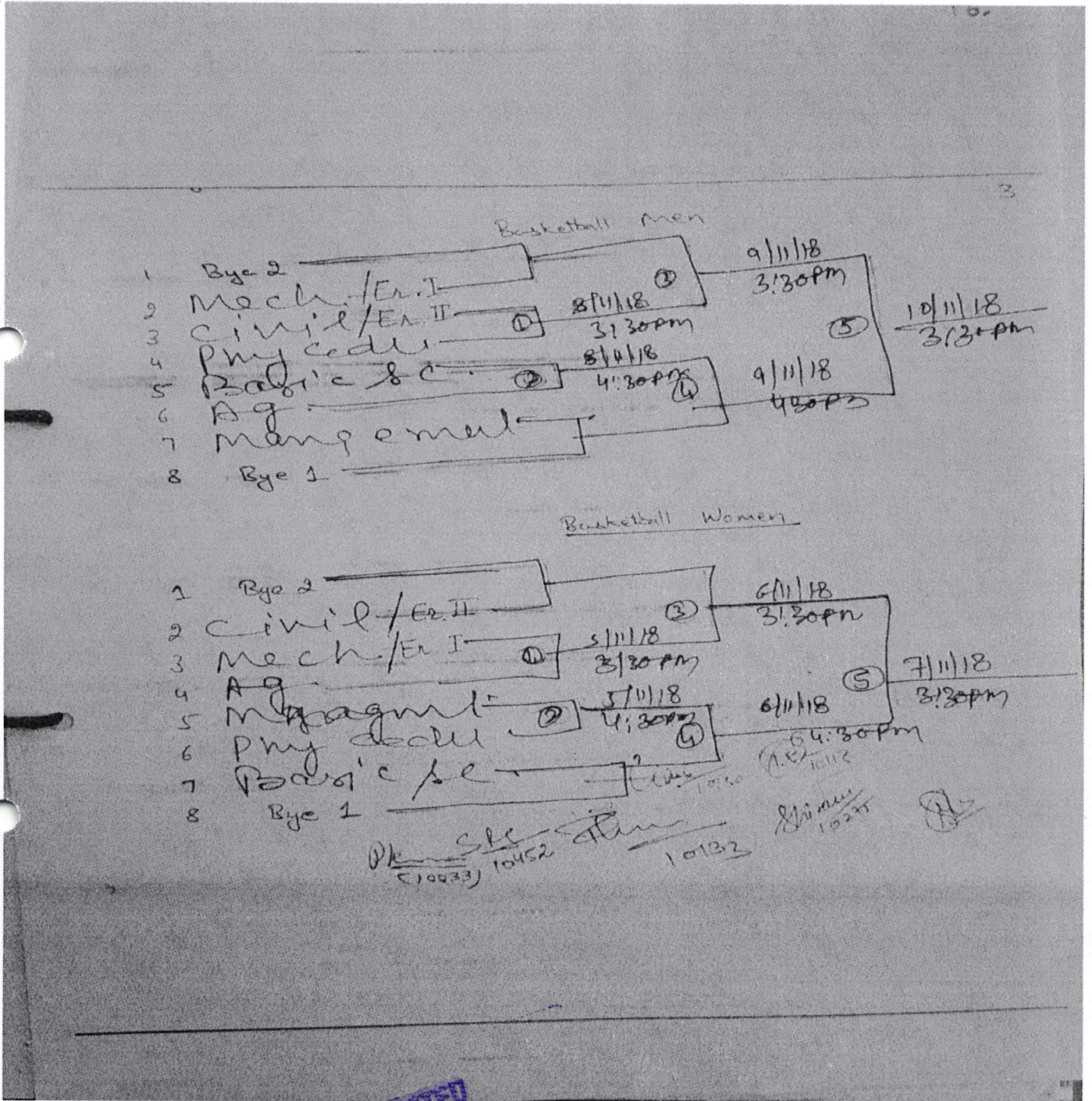




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**Name of Tournament:** Inter department

**Game:** Volleyball (M&W)

**Dated:** 13-15 Nov., 2018

**No. of Participants:** 65

Department of Physical Education and Sports, DAV University, Jalandhar organized interdepartmental Volleyball matches from 13-15 Nov 2018. About 37 students from different departments namely, Commerce and Business Management, Physical Education and Humanity, Agricultural Sciences, Engineering and Humanity participated in the event.

The results of the inter-departmental matches are as below:

| Sr. No. | Game       | Winner Team        | Runner up Team        |
|---------|------------|--------------------|-----------------------|
| 1.      | Volleyball | Physical Education | Agricultural Sciences |



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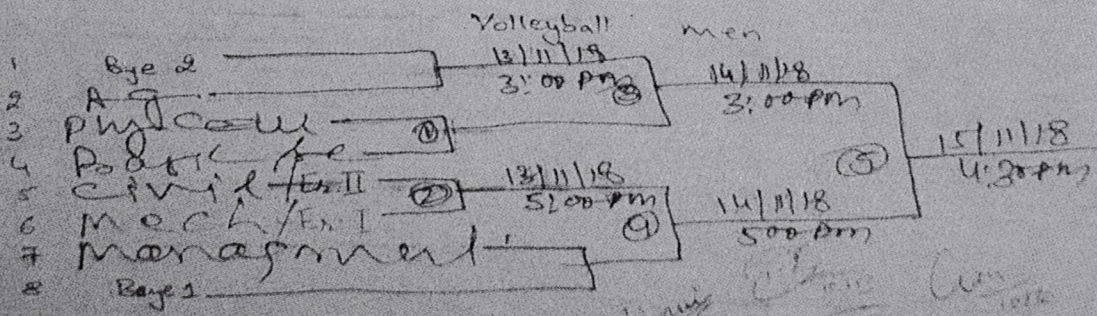
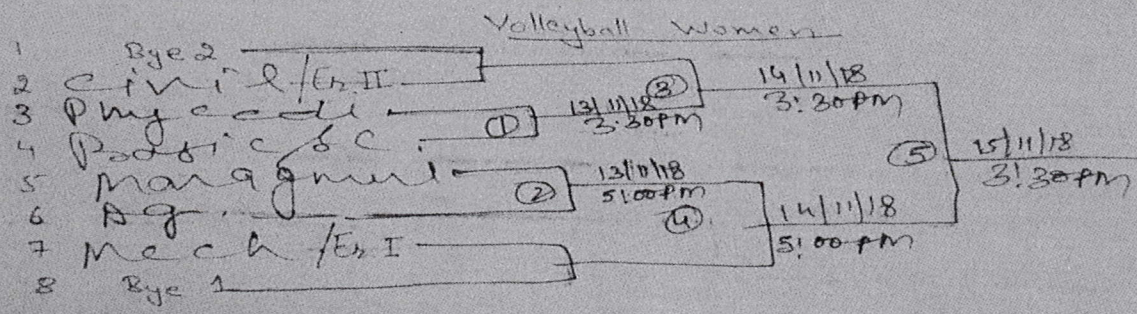
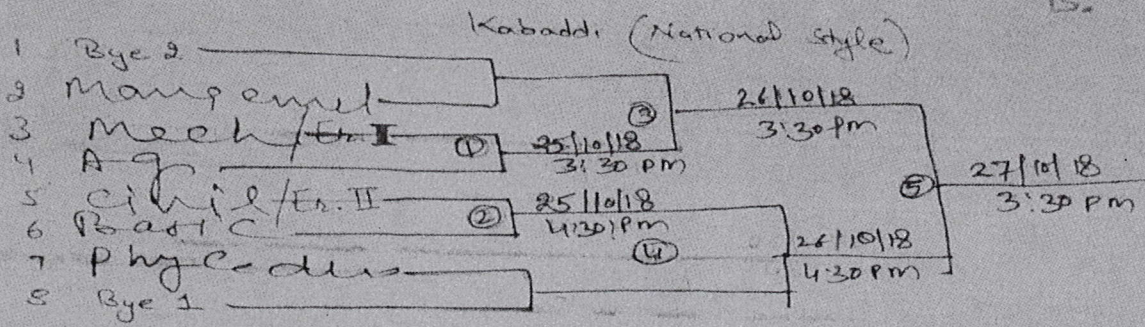




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10/18

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**Name of Tournament:** Inter department

**Game:** Handball (M&W)

**Dated:** 20<sup>th</sup> -27<sup>th</sup> Nov., 2018

**No. of Participants:** 45

Interdepartmental Handball matches were organized by Department of Physical Education and Sports, DAV University, Jalandhar from 20<sup>th</sup> -27<sup>th</sup> Nov. 2018. Approximate 45 students from different departments namely, Commerce and Business Management, Physical Education and Humanity, Agricultural Sciences, Engineering and Humanity participated in the event.

The results of the inter-departmental matches are as below:

| Sr. No. | Game     | Winner Team        | Runner up Team |
|---------|----------|--------------------|----------------|
| 1.      | Handball | Physical Education | CBM            |



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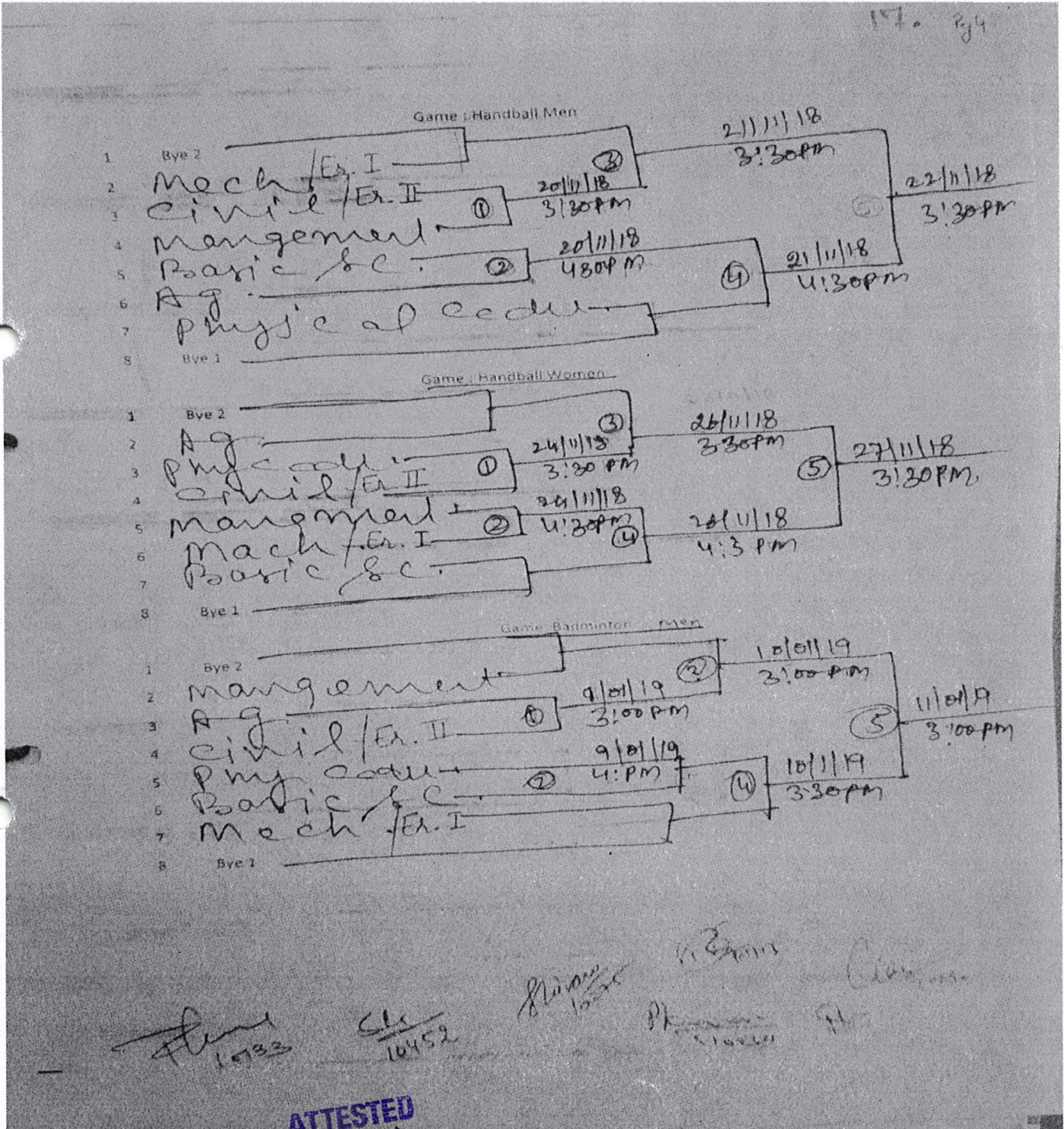




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**Name of Tournament:** Inter department

**Game:** Badminton (M&W) and Cricket (M)

**Dated:** 9<sup>th</sup> -17<sup>th</sup> Jan 2019 and 22<sup>nd</sup> Jan- 26<sup>th</sup> Jan 2019

**No. of Participants:** 23+70

**Supporting Docs. :** Tournament Fixture (also available on Uni. Portal)

### Event Report:

Inter-departmental badminton matches were organized by Department of Physical Education and Sports, DAV University, Jalandhar from 9<sup>th</sup> -17<sup>th</sup> Jan 2019. Approximate 45 students from different departments namely, Commerce and Business Management, Physical Education and Humanity, Agricultural Sciences, Engineering and Humanity participated in the event. In another event, interdepartment cricket matches were organised from 22<sup>nd</sup> Jan- 26<sup>th</sup> Jan 2019 by department of Physical Education and Sports. 70 students from different faculties participated in the event.

The results of the inter-departmental badminton matches are as below:

| Sr. No. | Game      | Winner Team        | Runner up Team        |
|---------|-----------|--------------------|-----------------------|
| 1.      | Badminton | Physical Education | Agricultural Sciences |
| 2.      | Cricket   | Physical Education | Engineering           |



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18. 30

Game : Badminton Women

|   |             |          |   |          |          |
|---|-------------|----------|---|----------|----------|
| 1 | Bye 2       |          |   | 16/01/19 |          |
| 2 | Civil/En II |          | ③ | 5:00 PM  |          |
| 3 | Mech/En I   | 15/01/19 | ① | 3:00 PM  | 17/01/19 |
| 4 | Management  |          |   |          | 3:00 PM  |
| 5 | Ag.         | 15/01/19 | ② | 5:00 PM  |          |
| 6 | Basic Set   |          | ④ | 5:30 PM  |          |
| 7 | Phy Edu     |          |   |          |          |
| 8 | Bye 1       |          |   |          |          |

Game : Cricket Men

|   |             |          |   |          |          |
|---|-------------|----------|---|----------|----------|
| 1 | Bye 2       |          |   | 24/01/19 |          |
| 2 | Management  |          | ③ | 2:30 PM  |          |
| 3 | Ag.         | 23/01/19 | ① | 2:30 PM  | 26/01/19 |
| 4 | Mech/En I   |          |   |          | 2:30 PM  |
| 5 | Civil/En II | 23/01/19 | ② | 2:30 PM  |          |
| 6 | Phy Edu     |          | ④ | 2:30 PM  |          |
| 7 | Basic Set   |          |   |          |          |
| 8 | Bye 1       |          |   |          |          |

Game : Cricket Women

|   |             |         |   |          |          |
|---|-------------|---------|---|----------|----------|
| 1 | Bye 2       |         |   | 07/02/19 |          |
| 2 | Ag.         |         | ③ | 2:30 PM  |          |
| 3 | Basic Set   | 5/02/19 | ① | 2:30 PM  | 09/02/19 |
| 4 | Mech/En I   |         |   |          | 2:30 PM  |
| 5 | Phy Edu     | 5/02/19 | ② | 2:30 PM  |          |
| 6 | Management  |         | ④ | 2:30 PM  |          |
| 7 | Civil/En II |         |   |          |          |
| 8 | Bye 1       |         |   |          |          |

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**Name of Tournament:** Inter department

**Game:** Table-Tennis (M&W)

**Dated:** 13<sup>th</sup> Feb-20<sup>th</sup> Feb 2019

**No. of Participants:** 21

**Supporting Docs. :** Tournament Fixture (also available on Uni. Portal)

**Event Report:**

Department of Physical Education and Sports, DAV University, Jalandhar organized inter-departmental Table Tennis matches from 13<sup>th</sup> Feb-20<sup>th</sup> Feb, 2019. Approx. 21 students from different faculties namely, Commerce and Business Management, Physical Education and Humanity, Agricultural Sciences, Engineering and Humanity participated in the event.

The results of the inter-departmental badminton matches are as below:

| Sr. No. | Game         | Winner Team           | Runner up Team     |
|---------|--------------|-----------------------|--------------------|
| 1.      | Table Tennis | Agricultural Sciences | Physical Education |



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23/19

Game : Table Tennis Men

|   |             |  |  |
|---|-------------|--|--|
| 1 | Bye 2       |  |  |
| 2 | Basic & C.  |  |  |
| 3 | Manag.      |  |  |
| 4 | Civil/En.II |  |  |
| 5 | Mech/En.I   |  |  |
| 6 | Phy. Edu.   |  |  |
| 7 | Ag.         |  |  |
| 8 | Bye 1       |  |  |

Game : Table Tennis Women

|   |             |  |  |
|---|-------------|--|--|
| 1 | Bye 2       |  |  |
| 2 | Phy. Edu.   |  |  |
| 3 | Basic & C.  |  |  |
| 4 | Mech/En.I   |  |  |
| 5 | Ag.         |  |  |
| 6 | Civil/En.II |  |  |
| 7 | Manag. ment |  |  |
| 8 | Bye 1       |  |  |

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**Name of Tournament:** Inter department

**Game:** Chess (M&W)

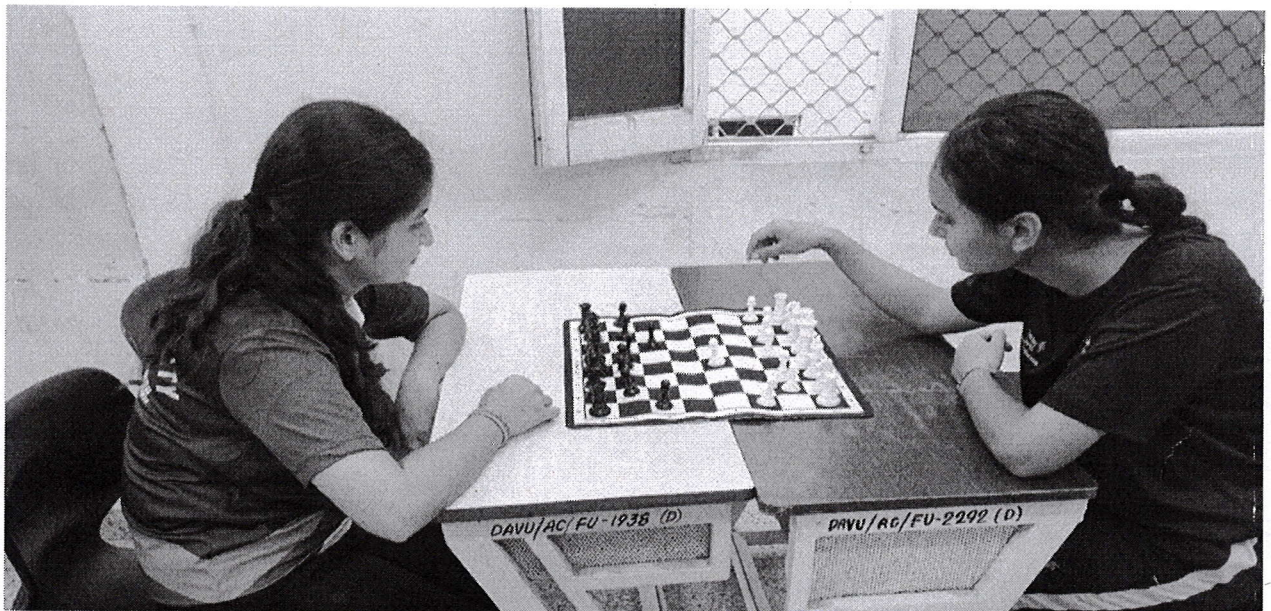
**Dated:** 13<sup>th</sup> - 20<sup>th</sup> Feb, 2019

**No. of Participants:** 20

Department of Physical Education and Sports, DAV University, Jalandhar organized inter-departmental Chess matches from 13<sup>th</sup> Feb - 20<sup>th</sup> Feb, 2019. Approx. 20 students from different faculties namely, Commerce and Business Management, Physical Education and Humanity, Agricultural Sciences, Engineering and Humanity participated in the event.

The results of the inter-departmental badminton matches are as below:

| Sr. No. | Game  | Winner Team           | Runner up Team     |
|---------|-------|-----------------------|--------------------|
| 1.      | Chess | Agricultural Sciences | Physical Education |



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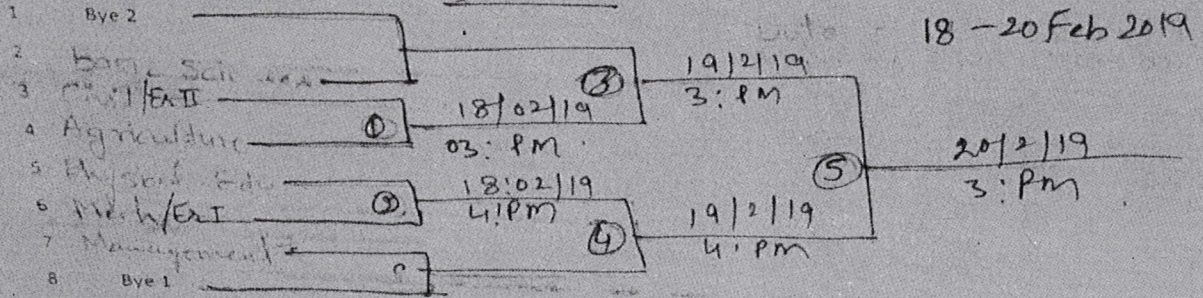
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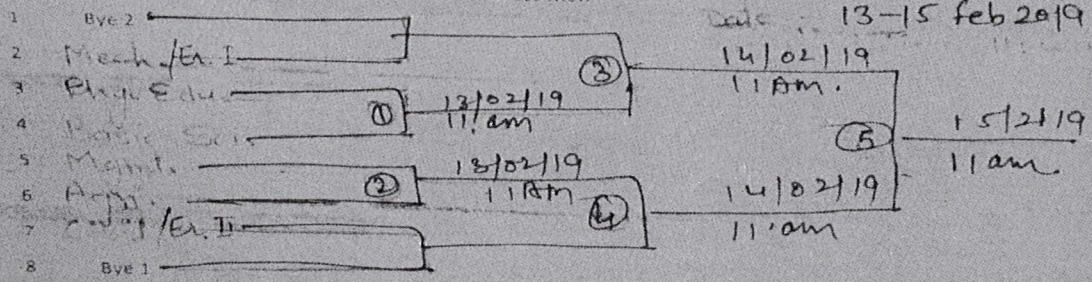
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Page 20

### Game : Chess Women



### Game : Chess Men



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**Name of Tournament:** 6<sup>th</sup> Annual Sports Meet 2018-19

**Game:** sports meet

**Dated:** 9-15 march 2019

**No. of Participants:** 300

**Supporting Docs. :** Letter of approval and Report

**Event Report:**

Athletic meet was organized by Department of Physical Education and Sports, DAV University, Jalandhar from 9<sup>th</sup> March to 15<sup>th</sup> March, 2019. Students from different faculties participated in the different events in week long meet. The faculty of Physical Education and Sports at DAV University organized 6<sup>th</sup> Annual Sports Meet 2018-2019 for two days. The commencement of the Sports Meet was done by gracious presence of chief guest S. Bahadur Singh, Olympian and Padma Shree awardee, Guest of Honor, Navjot Chana, Commonwealth Medalist, Vice Chancellor, Registrar, OSD and other faculty and staff of DAV University, Jalandhar with a sole objective of holistic development of the University.

In total 300 students from various departments participated in the 6<sup>th</sup> Annual Sports Meet and the final results are as follows: 6<sup>th</sup> Annual Sports Meet for two days culminated with the Closing Ceremony held in the august presence of Chief guest Dinesh Mongia, Indian former Cricketer, Chancellor, Registrar and other staff and faculty. All the guests and dignitaries appreciated the efforts of the Faculty of Physical Education and Sports for organizing the 6<sup>th</sup> Annual Sports at a large scale for the upliftment of the youth in India and remarked that an institution without games and sports is unthinkable, as these have become an integral element of present-day education and such events discovers the inner talent of a child and helps in inculcating the values of sportsmanship, leadership and unity. The chief guest was facilitated by the dignitaries with bouques, momento and a shawl. On this occasion, two guest of honors namely RJ Garry and RJ Garima of My Fm 94.3

**Best Athlete (M) trophy was bagged by Prem Sagar, Reg No. 11801048 from B.Sc in H & PE from Jharkhand. Gold in all three events namely 100mt with timing 00:11:34, 200 mtr with timing 00:23:10 and Long Jump with 5.90 mtr jump.**

**Best Athlete (W) trophy was bagged by Deepshikha, Reg No. 11800620 from B.Sc in H & PE from Punjab. Gold in all three events namely 100mt with timing 00:15:28, 200 mtr with timing 00:31:99 and Long Jump with 3.92 mtr jump. Rest of the Prizes were distributed by the guests and dignitaries present on the closing ceremony.**

The event concluded with lowering of Flags by the Sports achievers which were handed over to the head of Institution worthy Vice Chancellor, Prof. R.K. Mahajan which was further handed over to Dy. Director Sports, Dr. Yeshbeer Singh, till next Annual Sports Meet.

  
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| S.NO | NAME OF EVENT                                   | GOLD  | SILVER  | BRONZE  |
|------|---|---|---|---|
|      | Jalandhar - Pathankot, National Highway (NH 44) |   | JALANDHAR- 144 012, Punjab  |   |
| 1.   | 5000 mt (M)                                     | Karandeep Singh<br>11800331<br>B.Sc In H & PE                         | Shubham Sharma<br>1180<br>B.Sc In H & PE                                    | Vinod<br>11800139<br>B.Sc Agriculture                         |
| 2.   | Javelin (M)                                     | Kuldeep<br>11800<br>B.P.Ed  | Dhiraj<br>11801512<br>B.Sz Maths  | Rajat Shandalya<br>11702002<br>B.Sc Maths                     |
| 3.   | Javelin (W)                                     | Kalpna<br>1180<br>B.P.Ed  | Milandeep Kaur<br>11601213<br>B.Sc in H & PE                                | Bhawna<br>1180<br>M.P.Ed                                      |
| 4.   | ShotPut(M)                                      | Rahul Kumar Singh<br>11701344<br>B.Sc In H & PE                       | Harpreet Singh<br>11607803<br>B Sc In H & PE                                | Vishal Kumar<br>11801037<br>B.Sc In H & PE                    |
| 5.   | ShotPut (W)                                     | Muskaan<br>11801302<br>B.Sc in H & PE                                 | Kalpna<br>1180<br>B.P.Ed  | Komal<br>1180<br>B.Sc Agriculture                             |
| 6.   | Discus (M)                                      | Rahul Kumar Singh<br>11701344<br>B.Sc In H & PE                       | Vishal Kumar<br>11801037<br>B.Sc In H & PE                                  | Rajat Shandalya<br>11702002<br>M.P.Ed                         |
| 7.   | Triple Jump (W)                                 | Muskaan<br>11800539<br>B.Sc in H & PE                                 | Komal<br>11700173<br>CBM  | Navneet<br>11700019<br>B.Sc in H & PE                         |
| 8.   | High Jump (M)                                   | Tausif<br>11800338<br>B.Sc In H & PE                                  | Kapil<br>11801037   | Apul<br>11801162<br>B.Sc in H & PE                            |
| 9.   | 4 X 400 mt (M)                                  | Physical Education<br>Bittu<br>Nirmal<br>Kuldeep<br>Karandeep Singh   | Physical Education<br>Vikram Singh<br>Akhimanyu<br>Jagbandhu<br>Kunal       | CBM<br>Manmeet Singh<br>Surender<br>Robin<br>Robin Pathania   |
| 10.  | 4 X 400 mt (W)                                  | Physical Education<br>Jyotsna<br>Deepshikha<br>Muskaan Kumari<br>Ekta | Physical Education<br>Pooja Rani<br>Balwinder Kaur<br>Gurmeet Kaur<br>Mamta | Agriculture<br>Shilpa<br>Ankita<br>Manjinder Kaur<br>Gurpreet |
| 11.  | High Jump (W)                                   | Muskaan<br>11800539<br>B.Sc in H & PE                                 | Kozal<br>11700173<br>CBM  | Balwinder Kaur<br>11801825<br>B.P.Ed                          |
| 12.  | Discus (W)                                      | Milandeep Kaur<br>11601213<br>B.Sc in H & PE                          | Snaha Singh<br>11801640<br>B.P.Ed   | Bhawna<br>11700802<br>M.P.Ed                                  |
| 13.  | 800 mt (W)                                      | Balwinder Kaur<br>11801225<br>B.P.Ed                                  | Jyotsna<br>11800738<br>B.Sc in H & PE                                       | Gurmeet Kaur<br>11800324<br>B.P.Ed                            |

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|     |                  |   |  |  |
|-----|------------------|---|--|--|
| 14. | 1500 mtr (M)     | Karandeep Singh<br>11800331<br>B.Sc in H & PE                     | Nirmal<br>11800519<br>B.Sc in H & PE                                 | Kuldeep<br>11701008<br>B.P.Ed                          |
| 15. | Triple Jump (M)  | Pavneet<br>11800184<br>B.S in H & PE                              | Kapil<br>11601234<br>B.Sc Zoology                                    | Himanshu<br>11607813<br>B.Sc in H & PE                 |
| 16. | 100 mt (M)       | Preeta Sagar<br>11801048<br>B.Sc in H & PE                        | Sona<br>11800541<br>B.Sc in H & PE                                   | Mansi<br>11500379<br>B.Tech.                           |
| 17. | 200 mt (M)       | Frem Sagar<br>11800049<br>B.Sc in H & PE                          | Ankit<br>11600750<br>B.Sc in H & PE                                  | Sonu<br>11600541<br>B.Sc in H & PE                     |
| 18. | 200 mt (W)       | Deepshikha<br>11800620<br>B.Sc in H & PE                          | Ekta<br>11800449<br>B.Sc in H & PE                                   | Mamta<br>11700330<br>B.Sc in H & PE                    |
| 19. | 3000 mt (W)      | Anjali Aswal<br>11701007<br>B.Sc in H & PE                        | Nidhi<br>11700063<br>B.Sc in H & PE                                  | Gurmeet<br>11800324<br>B.P.Ed                          |
| 20. | Long Jump (M)    | Preeta Sagar<br>11801048<br>B.Sc in H & PE                        | Pavneet<br>11800184<br>B.Sc in H & PE                                | Nishi<br>11700976<br>B.Sc Agri                         |
| 21. | Long Jump (W)    | Deepshikha<br>11800620<br>B.Sc in H & PE                          | Balvinder Kaur<br>11601225<br>B.P.Ed                                 | Vishva<br>11700380<br>B.Sc in H & PE                   |
| 22. | 800 mt (M)       | Nirmal Kumar<br>11800519<br>B.Sc in H & PE                        | Biti Sawal<br>11606337<br>B.Sc in H & PE                             | Manjeet<br>11607023<br>B.Sc CSE                        |
| 23. | 100 mt (W)       | Deepshikha<br>11800320<br>B.Sc in H & PE                          | Muskaan<br>11700523<br>B.Sc in H & PE                                | Gurpreet<br>11700271<br>B.Sc Agriculture               |
| 24. | 1500 mt (W)      | Preeta Sagar<br>11801048<br>B.Sc in H & PE                        | Kareshwari<br>11700182<br>B.Sc in H & PE                             | Arushi<br>11800000<br>B.Sc Agriculture                 |
| 25. | 400 mt (W)       | Ekta<br>11800449<br>B.Sc in H & PE                                | Balvinder Kaur<br>11601225<br>B.P.Ed                                 | Sheeta<br>11700071<br>B.P.Ed                           |
| 26. | 1000 mt (M)      | Ankit Kumar<br>11801700<br>B.Sc in H & PE                         | Biti Sawal<br>11606337<br>B.Sc in H & PE                             | Kuldeep<br>11701008<br>B.P.Ed                          |
| 27. | 4x4 Team (M & W) | Physical Education<br>Lakshay<br>Kuldeep<br>Navneet<br>Chandpreet | Physical Education<br>Ankit<br>Preeta Sagar<br>Muskaan<br>Deepshikha | Physical Education<br>Rahul<br>Neha<br>Sreha<br>Arushi |

ATTENDED  
 Registrar  
 DAV University, Jalandhar





# DAV UNIVERSITY

Empowering Students with 21<sup>st</sup> century Skills

Jalandhar - Pathankot, National Highway (NH 44), JALANDHAR- 144 012, Punjab

|     |                 |   |   |   |
|-----|-----------------|---|---|---|
| 28. | 4 X 100 mtr (M) | Physical Education<br>Ankit<br>Sonu<br>Prem Sagar<br>Bittu      | Physical Education<br>Pavneet<br>Panlove<br>Kuldeep<br>Gurpreet | Basic Sciences<br>Vikas<br>Manjeet<br>Keshav<br>Pankaj        |
| 29. | 4 X 100 mtr (W) | Physical Education<br>Deepshikha<br>Ekta<br>Muskaan<br>Charveer | Physical Education<br>Sneha<br>Saloni<br>Neha<br>Kalpna         | Physical Education<br>Mamta<br>Vibha<br>Rajeshwari<br>Navneet |
| 30. | Tug of War (M)  | Physical Education  | B.Tech Mechanical   |   |
| 31. | Tug of War (W)  | Physical Education  | Agriculture   |   |

**ATTESTED**  
Registrar  
DAV University, Jalandhar





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Jalandhar - Pathankot, National Highway (NH 44), JALANDHAR- 144 012, Punjab

**Name of Tournament: International Yoga Day**

**Game:** Yoga session

**Dated:** 21 June 2019

**No. of Participants: 40**

**Supporting Docs. :** Report and Photos (also available on Uni. Website)

**Event Report:**

DAV University commemorated the International Yoga day on the campus. The Yoga day started with DAV Gaayan. Dr. Desh Bandhu Gupta, Vice-Chancellor (officiating) led the celebration. Dr. Sushma Arya, Registrar, Dr. Jasbir Rishi, Dean Students' Welfare, Mr. Rajesh Kumar, former Sarpanch of Sarmastpur village were present at the event. Yoga instructors Dr. Manju Devrari and Ms. Ankita demonstrated the importance of various yogic postures. Dr. Desh Bandhu Gupta said that Yoga exercises have a holistic effect on body, mind, and soul. He advised everyone to practice yoga every day.



ATTESTED

Registrar  
DAV University, Jalandhar